

THE PORTUGUESE HEALTH REGULATION AUTHORITY

Title: Study on the restructuring of the public servants health subsystem ADSE

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Executive summary

The Portuguese Health Regulation Authority, in fulfilling the request of the Ministry of Health, conducted a study aimed at analysing alternative models of organization and governance that can accommodate changes projected by the Government for the operation of the health subsystem for public servants (ADSE).

As was recently announced, the Government intends to: i) comply with the Court's recommendations contained in the 2015 ADSE audit reports; ii) comply with the Government Program regarding the progressive pooling of ADSE risks; and iii) proceed with the enlargement of the subjective scope of the health benefits scheme of the subsystem.

The study concludes that among the possible legal models of organization and governance, the most compliant with the Court's recommendations are found within the private sector, especially in the non-profit sector.

Indeed, these models allow for a fully autonomous management – both operative and financial –, assuring that the contributions made by beneficiaries are exclusively assigned for the health benefits scheme. Thus, any financial surpluses can be freely managed. On the other hand, such governance solutions are completely independent from Government's short-term budgetary goals and fiscal policies. These models are also characterised by democratic governance which allows the effective participation of beneficiaries in strategic decisions and financial control of the subsystem.